

## **Karen Todd Bio**

Karen Todd is a former Human Resources Executive with over 18 years experience in organizations taking leading edge positions in change management and employee engagement. She is an expert on helping organizations implement change, transform organizational cultures, and increase change resilience.

As a business change and organizational effectiveness consultant, Karen has worked with managers at all levels to increase the performance of their teams by examining and changing their leadership behaviours.

One manager said, "Karen inspired me to dig within myself and give everything I have. I never want to go back to the 'old style' of leadership. Not now that my eyes have been opened to what it can or should be. Thank you for the opportunity to learn and grow and develop".

Karen has published numerous articles on a variety of topics and has coached hundreds of people who agree she has made a positive difference to both their organization, and to the personal and professional lives of individuals at all levels.

A Manager of Learning & Development in one organization wrote: "If I had to write about the influence you have had on my life, it would take the shape of a novel. Because of you I have developed skill sets to propel me into this new world."

And a Call Centre Supervisor said: "The sense of community you created in this company will live on."

Karen speaks from the heart as she uses her own personal story to help audiences learn about the personal characteristics of change resilience that have contributed to the personal and professional success of Karen and the people she has coached.

*Karen Todd is a professional speaker, writer, and consultant. She can be reached at 416-284-6752, [karen@karentodd.com](mailto:karen@karentodd.com), or visit [www.karentodd.com](http://www.karentodd.com).*